

CALENDARIO FINTESS – ESTATE 2024

LUN	MAR	MER	GIO	VEN	SAB	DOM
Acqua soft alta 10:00 - 10:45		Acqua soft alta 10:00 - 10:45				
Gym acqua alta 13:30 - 14:45	Bike 13:30 - 14:45	Acquafit bassa 13:30 - 14:45	Bike 13:30 - 14:45	Gym acqua alta 13:30 - 15:45		
Bike, Gym 19:00 - 19:45	Training bar, Gym 19:00 - 19:45	Tapis Roulant, Gym 19:00 - 19:45	Acquafit 19:00 - 19:45	Gym acqua alta 13:30 - 14:45		
	Eden Zone corso a terra 19:00 - 20:00					
Bike, Gym 19:45 - 20:30	Training bar, Gym 19:45 - 20:15	Tapis Roulant, Gym 19:45 - 20:30	Bike 19:45 - 20:15	Acqua cross training 19:45 - 20:30		

Fitness 6 ingressi 67€

Fitness 12 ingressi 114€

Gym soft 6 ingressi 55€

Gym soft 6 ingressi 98€

Tessera socio nuovi iscritti 10€